COUN Counseling Education

COUN 7231  Foundations of Clinical Mental Health Counseling
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
Provides an overview of clinical mental health counseling. Includes a survey of theoretical foundations, research and practice, and ethical and legal issues in clinical mental health counseling. Topics covered include the role of the clinical mental health counselor, prevention and education, client advocacy, referral practices, consultation, and the adaptation of clinical mental health counseling models in community mental health agencies.

COUN 7232  Addictions Counseling
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
Surveys aspects of a range of addictions including skills and strategies needed to provide addictions counseling. Addresses the role counselors, teachers, and other professionals can play in prevention, treatment, and the recovery process including community resources.
Prerequisite(s): Permission from the instructor is required for students not accepted into the COUN program.

COUN 7233  Family Counseling
3 Credit Hours.  3 Lecture Hours.  3 Lab Hours.
Examines the family through an ecological approach, including how clients exist within their various systems. Students' awareness of their own family's system is used as a base from which they can develop an approach for understanding and working with families. The use of family counseling techniques in a variety of settings will also be examined.
Prerequisite(s): A minimum grade of "C" in COUN 7332; Permission from the instructor is required for students not accepted into the COUN program.

COUN 7234  Counseling Psychodiagnosis
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course addresses the nomenclature and criteria used in the assessment of mental health diagnoses from a mental health and wellness perspective. Students will develop an understanding of the professional identity and role of counselors as it relates to diagnosis and intervention. Students will develop a knowledge base for treatment planning and treatment documentation.
Prerequisite(s): Permission from the instructor is required for students not accepted into the COUN program.

COUN 7235  Short Term Counseling Strategies
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course provides an in-depth look at the theory and practice of brief counseling therapies as applied to counseling practice. Students will be presented with models of short-term counseling interventions.
Prerequisite(s): Permission from the instructor is required for students not accepted into the COUN program.

COUN 7236  Counseling and Sexuality
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
The course explores the interaction of biological, sociological, and cultural issues related to sexuality and counseling. This course examines the expression of human sexuality across the lifespan from a sex positive perspective, attitudes about sexuality, and possible counseling strategies and interventions.
Prerequisite(s): Permission from the instructor is required for students not accepted into the COUN program.

COUN 7332  Theories of Counseling
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course explores a range of counseling theories, as well as the nature and process of counseling. Provides a foundation from which students can build a personal philosophy of counseling.

COUN 7333  Counseling Skills and Techniques
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course focuses on teaching students a variety of basic and advanced counseling skills through role play and other experiential activities.
Prerequisite(s): Permission from the instructor is required for students not accepted into the COUN program.

COUN 7334  Group Counseling and Group Work
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course addresses group development, group dynamics, and group counseling theories through role play and other experiential activities. Group counseling methods and skills used in group work are also addressed.

COUN 7335  Counseling Assessment and Appraisal
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course addresses counseling tests and assessments including cognitive, personal, career, and clinical assessments. Students learn about test selection, administration, and interpretation from experiential activities.
Prerequisite(s): Permission from the instructor is required for students not accepted into the COUN program.

COUN 7336  Career Counseling
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course addresses the world of work from a counseling perspective. Students learn to facilitate career development based on knowledge of career theories, career assessments and strategies, and career-related resources.

COUN 7337  Multicultural Counseling
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course addresses multicultural counseling models and fosters counseling skill development using a social justice and advocacy framework. Emphasis is placed on expanding self-awareness, knowledge, and skill development using experiential activities.
Prerequisite(s): Permission from the instructor is required for students not accepted into the COUN program. Prerequisite(s): COUN 7333.

COUN 7338  Lifespan Development
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course addresses developmental theory and processes throughout the lifespan. Physical, cognitive, and social/emotional dimensions of human development are explored through a wellness, strengths-based lens.

COUN 7437  School Counseling Program Coordination and Curriculum
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
This course examines the organization of comprehensive, developmental school counseling programs in the elementary, middle and high schools, as well as the design and implementation of the school counseling curriculum for grades P-12. The counselor’s role as program coordinator focuses upon needs assessments, curriculum planning and implementation, time and resource management, public relations, and program evaluation. Ethical and diversity issues are emphasized in designing curricula and delivery strategies to address the developmental needs of all students.
Prerequisite(s): A minimum grade of "C" in COUN 7445.

COUN 7445  Foundations of School Counseling
3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.
The course is designed to introduce students to the profession of school counseling and a comprehensive developmental school counseling program. The history and development of the profession, national association, standards for counselor preparation and credentials are examined as well as school counselor roles, functions, and responsibilities. Special attention will be given to students’ introduction to school systems through field observations inclusive of the concepts of advocacy and social justice.
COUN 7448  Leadership, Consultation and Intervention in the Schools

3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.

This course provides a general framework for understanding and practicing various theories and models of consultation and potential interventions in P-12 systems. Designed to train school counselors how to intervene with children and adolescents presenting with learning disabilities and behavioral and emotional disorders at school, strategies are explored that counselors, teachers, and parents can use to prevent, recognize, and assist students at risk of developing emotional or behavioral barriers to learning connected to abuse, violence, addictions, childhood depression, suicide etc. The role of leadership in school reform as it pertains to the issues and barriers that may affect student development and functioning are explored. This course is designed to be taken concurrently with Internship I as field experience is integral to the course work.

Prerequisite(s): A minimum grade of "C" in COUN 7445 and COUN 7437.

COUN 7737  Counseling Practicum

3 Credit Hours.  0 Lecture Hours.  0 Lab Hours.

Areas covered in this course are application and critical evaluation of all counseling skills in practical situations with provision of clinical experiences under supervision for a total of 100 clock hours, 40 of which will be direct service work with clients. Individual and group counseling will be audio and/or video taped, critiqued and evaluated.

Prerequisite(s): A minimum grade of "B" in COUN 7332 and COUN 7333.

COUN 7738  Counseling Internship I

3 Credit Hours.  0 Lecture Hours.  0 Lab Hours.

Primary emphasis is on the integration of process, conceptual, professional and personal skills. Internship provides extensive supervised on-the-job experience in a school, community, or college counseling setting closely aligned with the student's professional career goals. The student is required to complete 300 hours of field experience.

Prerequisite(s): A minimum grade of "B" in COUN 7332, COUN 7333, COUN 7334, and COUN 7737.

COUN 7739  Counseling Internship II

3 Credit Hours.  0 Lecture Hours.  0 Lab Hours.

Primary emphasis is on the integration of process, conceptual, professional and personal skills. Internship provides extensive supervised on the job experience in a school, community or college counseling setting closely aligned with the student's professional career goals. The student is required to complete 300 hours of field experience.

Prerequisite(s): A minimum grade of "B" in COUN 7332, COUN 7333, and COUN 7334.

COUN 7890  Directed Individual Study

1-3 Credit Hours.  1-3 Lecture Hours.  0 Lab Hours.

Permits specialization beyond regular course content through in-depth study of individually selected topics of interest and importance in higher education student services. The study will be directed by the instructor.

Prerequisite(s): 12 semester hours of course work in the program.

COUN 8533  Professional Practice and Ethics

3 Credit Hours.  3 Lecture Hours.  0 Lab Hours.

Informs students of ethical standards, laws, ordinances, and statutes that govern professional behavior of counselors in schools and in community/mental health settings. Specific topics explored will include professional practice and ethics involving professional relationships, the impact of values, confidentiality, violations and licensure laws.