PECI Physical Edu, Curr & Ins

PECI 5070G Theo/Meth of Strength & Cond
3 Credit Hours. 2 Lecture Hours. 2 Lab Hours.
The efficacy of methods and models of sports training in activities requiring intensive strength and conditioning programs.

PECI 7000 Global Sport History
3 Credit Hours. 3 Lecture Hours. 0 Lab Hours.
This course studies the development of sport across a number of cultures and explores its impact on societies. This course will assist the physical educator to predict future trends.

PECI 7100 Cultural Aspects of Sports
3 Credit Hours. 3 Lecture Hours. 0 Lab Hours.
This course will examine the role of sport and physical activity in society with emphasis on its relationship to cultural diversity and issues, both historical and contemporary. Emphasis is placed on issues which affect the teacher, student/athlete, coach, administrator, and sports fan.

PECI 7200 Movement Education
3 Credit Hours. 3 Lecture Hours. 0 Lab Hours.
A study of fundamental movement concepts and skill themes with an emphasis on promoting desirable self-concepts and realistic self-images in young children.

PECI 7300 Physical Activity in Youth
3 Credit Hours. 3 Lecture Hours. 0 Lab Hours.
An in-depth examination of the personal, social, and environmental determinates of physical activity patterns that explain the rising obesity rates and related health issues in youth.

PECI 7400 Adaptive Physical Education
3 Credit Hours. 3 Lecture Hours. 0 Lab Hours.
This course will assist the physical educator in curriculum and development that will promote participation and learning outcomes for students with disabilities in general physical education classes and sports with necessary accomodations and modifications. Curriculum and program development, legislative considerations, and various instructional strategies will be presented.

PECI 7500 Instr Strat/Design Hlt/Phys Ed
3 Credit Hours. 3 Lecture Hours. 0 Lab Hours.
Investigates the specific foundation of teaching methods, content, organization, and evaluation of health and physical education programs in schools. This course will examine interdisciplinary teaching models that can be used as guides for organizing content, collaborating with others, and creating meaningful activities that impact student learning.

PECI 7600 Oper/Mang Phys Ed & Sport Prog
3 Credit Hours. 3 Lecture Hours. 0 Lab Hours.
Planning, designing, and managing sports events, facilities, and programs.

PECI 8000 Theory/Meth-Strength & Cond
3 Credit Hours. 2 Lecture Hours. 2 Lab Hours.
The efficacy of methods and models of sports training in activities requiring intensive strength and conditioning programs.

PECI 8800 Perform Eval & Exercise Trng
3 Credit Hours. 1 Lecture Hour. 4 Lab Hours.