# Health and Physical Education B.S.Ed.

## Degree Requirements: 126 Credit Hours

See Core Curriculum for required courses in Area A1 through Area E.

<table>
<thead>
<tr>
<th>Area</th>
<th>Credit Hours</th>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Area A1 - Communication Skills</strong></td>
<td>6</td>
<td>Select 6 credit hours from Area A1 of the Core Curriculum</td>
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<tr>
<td><strong>Area A2 - Quantitative Skills</strong></td>
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<tr>
<td><strong>Area B - Global Engagement</strong></td>
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<tr>
<td><strong>Area C - Humanities, Fine Arts, and Ethics</strong></td>
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<tr>
<td><strong>Area D - Natural Sciences, Mathematics, and Technology</strong></td>
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<tr>
<td><strong>Area E - Social Sciences</strong></td>
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<td>Select 12 credit hours from Area E of the Core Curriculum</td>
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<tr>
<td><strong>Area F - Courses Appropriate to Major</strong></td>
<td>9</td>
<td>Pre-Professional Block</td>
</tr>
<tr>
<td>EDUC 2110</td>
<td></td>
<td>Investigating Critical and Contemporary Issues in Education</td>
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<tr>
<td>EDUC 2120</td>
<td></td>
<td>Exploring Socio-Cultural Perspectives on Diversity in Educational Contexts</td>
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<tr>
<td>EDUC 2130</td>
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<td>Exploring Learning and Teaching</td>
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<td><strong>Other Courses for the Major</strong></td>
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<tr>
<td>KINS 2431</td>
<td></td>
<td>Foundations of Health and Physical Education</td>
</tr>
<tr>
<td>KINS 2531</td>
<td></td>
<td>Human Anatomy and Physiology I</td>
</tr>
<tr>
<td>KINS 2532</td>
<td></td>
<td>Human Anatomy and Physiology II</td>
</tr>
<tr>
<td><strong>Health and Physical Education Activities</strong></td>
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<tr>
<td>HLTH 1520</td>
<td>2</td>
<td>Healthful Living</td>
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<tr>
<td>Physical Education Activities</td>
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<tr>
<td><strong>Orientation</strong></td>
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<tr>
<td>FYE 1220</td>
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<td>First-Year Seminar</td>
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<tr>
<td><strong>Pedagogy for Professional Educators</strong></td>
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<tr>
<td>ESED 5799</td>
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<td>Student Teaching in P-12 Education</td>
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<tr>
<td>HLTH 3432</td>
<td>3</td>
<td>HPE Curriculum Development</td>
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<td>ITEC 3430</td>
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<td>Instructional Technology for P-12 Teaching Fields</td>
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<tr>
<td>KINS 4430</td>
<td>3</td>
<td>Instructional Design in Health and Physical Education for Elementary Students</td>
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<td>KINS 4441</td>
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<td>Instructional Design in Health and Physical Education for Middle and High School Students</td>
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<tr>
<td>KINS 4637</td>
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<td>Senior Seminar in Health and Physical Education</td>
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<td><strong>Major Requirements</strong></td>
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<tr>
<td>Health Science and Kinesiology Core:</td>
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<td>HLTH 3332</td>
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<td>Coordinated School Health Programs</td>
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<tr>
<td>HLTH 3431</td>
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<td>Methods and Materials for School Health Education</td>
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<td>KINS 2511</td>
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<td>Human Anatomy and Physiology I Laboratory</td>
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<tr>
<td>KINS 2512</td>
<td></td>
<td>Human Anatomy and Physiology II Laboratory</td>
</tr>
<tr>
<td>KINS 3131</td>
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<td>Biophysical Foundations of Human Movement</td>
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<td>KINS 3435</td>
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<td>Motor Learning and Development</td>
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<td>KINS 4432</td>
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<td>Adapted Physical Education</td>
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<td>HLTH 3135</td>
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<td>Topics in Coordinated School Health</td>
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<td><strong>Movement Content and Performance Core:</strong></td>
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<td>KINS 3432</td>
<td></td>
<td>Elementary Physical Education I</td>
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<tr>
<td>KINS 3433</td>
<td></td>
<td>Elementary Physical Education II</td>
</tr>
<tr>
<td>KINS 3436</td>
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<td>Performance and Technique in Physical Activity I</td>
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<tr>
<td>KINS 3437</td>
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<td>Performance and Technique in Physical Activity II</td>
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<tr>
<td><strong>Elective</strong></td>
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<td>Select 3 credit hours of Electives</td>
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<tr>
<td><strong>Total Credit Hours</strong></td>
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<td></td>
</tr>
</tbody>
</table>

## Program Admission Criteria

See B.S.Ed. Degree Requirement

- Must be admitted into the Teacher Education Program and qualify for a Georgia Preservice Certificate

## Other Program Requirements

- Must meet all requirements for retention in the Teacher Education Program
- Must earn a minimum grade of “C” in all courses in Area F of the Core, the teaching field, and professional education; earn an adjusted GPA of 2.75 or higher in the teaching field; and maintain an overall cumulative GPA of 2.50 or higher
- Must successfully complete all field experiences
- Must take courses in proper sequence
- Must meet requirements for admission to Student Teaching (See catalog section, Admission to Student Teaching)
- Must successfully complete assessments identified at each program transition point

## Honors in Health and Physical Education

To graduate with Honors in Health and Physical Education, a student must:

- be admitted to the University Honors Program;
- successfully complete at least four credit hours of Honors Research Seminar in Education (COED 3610H) over four semesters;
- successfully complete and present an Honors Thesis or Capstone Project;
- be in good standing in the University Honors Program at the time of graduation.

## Advisement

Each student in Health and Physical Education is assigned to an advisor in the College of Education Student Success Center for program planning and course scheduling. Telephone: (912) 478-0698. E-Mail: cjthomp@georgiasouthern.edu