Athletic Training B.S.A.T.

Degree Requirements: 124 Credit Hours

See Core Curriculum for required courses in Area A1 through Area E.

<table>
<thead>
<tr>
<th>Credit Hours</th>
<th>General Requirements (Core A - E)</th>
<th>Additional Requirements</th>
<th>Area F - Courses Appropriate to Major</th>
</tr>
</thead>
</table>
| 42           |                                   |                         | KINS 2511 Human Anatomy and Physiology I  
               |                                   |                         | Laboratory                               |
| 4            |                                   |                         | KINS 2512 Human Anatomy and Physiology II  
               |                                   |                         | Laboratory                               |
| 18           |                                   |                         | KINS 2531 Human Anatomy and Physiology I  
               |                                   |                         |                                     |
|              |                                   |                         | KINS 2532 Human Anatomy and Physiology II  
               |                                   |                         |                                     |
|              | MATH 1112 College Trigonometry 1 |                         |                                     |
|              | NTFS 2530 Nutrition and Health   |                         |                                     |
|              | PHYS 1111K Introductory Physics I 2|                         |                                     |

Major Requirements: 60 Credit Hours

KINS 3130 Research Methods in Kinesiology
KINS 3132 Foundations of Exercise and Sport Psychology
KINS 3330 Prevention of Injury and Illness in Athletic Training
KINS 3331 Pathology and Care of Athletic Injury and Illness
KINS 3541 Structural Kinesiology
KINS 3542 Physiological Aspects of Exercise
KINS 3543 Biomechanical Analysis of Movement
KINS 4130 Administrative Principles in Kinesiology
KINS 4330 Evaluation of Lower Extremity Injuries
KINS 4331 Evaluation of Upper Extremity Injuries
KINS 4332 Therapeutic Modalities in Athletic Training
KINS 4333 Therapeutic Exercise and Rehabilitation
KINS 4334 General Medical and Pharmacological Issues in Athletic Training
KINS 4618 Senior Seminar in Athletic Training

Guided Major Electives

Major Clinical Requirements

KINS 2321 Clinical Skills in Athletic Training I
KINS 2322 Clinical Skills in Athletic Training II
KINS 3321 Clinical Applications in Athletic Training I
KINS 3322 Clinical Applications in Athletic Training II
KINS 4721 Clinical Practicum in Athletic Training I
KINS 4722 Clinical Practicum in Athletic Training II

Elective

Select 3 credit hours of Electives

Total Credit Hours 124

Note: Athletic Training Majors must complete Fundamentals to include:

<table>
<thead>
<tr>
<th>Credit Hours</th>
<th>MATH 1112 College Trigonometry</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>CHEM 1211K Principles of Chemistry I</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>CHEM 1212K Principles of Chemistry II</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>PHYS 1111K Introductory Physics I</td>
<td>4</td>
</tr>
</tbody>
</table>

Students not able to complete Fundamentals in Areas A2, D, and F will take these courses as part of their Guided Major Electives and/or as course substitutions in the major program requirements. Students may substitute Calculus I (MATH 1441) and Principles of Physics I (PHYS 2211K)/Principles of Physics II (PHYS 2212K) for Fundamentals with advisor approval.

Program Admission Criteria

Athletic Training major applicants must meet the University entrance requirements as described in the University General Catalog. All applicants must apply for admission to both the University and the Athletic Training Major. Once admitted to the University, students should contact the Student Services Center for advisement. In order to be considered for admission into the Athletic Training major, applicants must meet the following minimum requirements by the application deadline (See the department for application dates):

1. Attained admission to Georgia Southern University.
2. Possess a total institution GPA of 2.75 or better on all course work attempted (both transfer course work and work completed at Georgia Southern University are considered).
3. Completed a minimum of 15 credit hours, and enrolled in at least 12 credit hours during the time of application. Total credit hours must reflect at least 4 credit hours completed from Area D and/or F.
4. Completed Human Anatomy and Physiology I (KINS 2531)/Human Anatomy and Physiology I Laboratory (KINS 2511) and Human Anatomy and Physiology II (KINS 2532)/Human Anatomy and Physiology II Laboratory (KINS 2512) with a “C” or better (Completed no later than Summer B term of the application year).
5. Attained a minimum grade of “C” in all Area D and Area F course work attempted.

6. Completed, by the deadline, an Application Package that includes the following:
   a. A completed Application Form.
   b. Copies of college transcripts for all work completed to date.
   c. Blood-borne pathogen training. Contact athletic training faculty for information regarding the training session.
   d. Documented observation credit hours in an approved athletic training environment. These credit hours must be documented and signed by a certified athletic trainer. These credit hours must have been accrued within the last year.
   e. A one-page, double-spaced, typed writing sample addressing the following: the single most important attribute for an effective allied health care provider; personal traits or attributes you possess which will allow you to become an effective allied health care provider.
   f. Three letters of recommendation.
   g. Completed a personal interview with the Athletic Training Admission Committee.

Upon Formal Acceptance Into the Program

Students must show proof of the following documents:

1. Proof of CPR/AED for the Professional Rescuer and First Aid Responding to Emergencies Certification.
2. Record of annual physical.
3. Record of immunizations.
4. Technical standards signed.
5. Student liability insurance.
6. Health insurance.
7. Background check.

All of the Following Requirements Must Be Met for Student Progression in the Program

1. Students must maintain a total institution GPA of 2.50 or better on all course work.
2. Students must successfully complete all clinical field experiences related to course content and objectives.
3. Students must adhere to the ATEP dress code.
4. Students must provide their own transportation for off campus experiences.
5. Students must not have been found in violation of the Georgia Southern Student Conduct Code. Students found in violation of the Student Conduct code, may, depending upon the seriousness of the violation, be placed on program probation or dismissed from the program.
6. Students must not violate the NATA Code of Ethics for practicing athletic trainers. Students found in violation of the Code of Ethics will be dismissed from the program.

Honors in Athletic Training

To graduate with a Honors in Athletic Training, a student must:

• be admitted to the University Honors Program;
• successfully complete at least three credit hours of Honors Research Seminar (HONS 4610) over three semesters
• successfully complete and present an Honors Thesis or Capstone Project at the time of graduation;
• be in good standing in the University Honors Program at the time of graduation

Other Program Requirements

Students are responsible for:

1. Transportation for off-campus clinical sites.
2. The purchase of their uniforms.
3. The cost of a background check.
4. Maintaining personal health and liability insurance.
5. Additional expenses may include the cost of professional dues and the Board of Certification Examination.

Transfer Student Admission Into the Athletic Training Major

Prospective students who wish to transfer to Georgia Southern University and pursue a degree in Athletic Training must apply for the program and submit to the same selection process as other candidates. Please refer to application for prerequisites. Acceptance of transfer prerequisite or regular course work is subject to the approval of the Registrar's Office and the Program Director pending review of content (syllabus, course description, etc.). Other courses may be counted toward the degree requirements for Athletic Training; however, every student must take the following courses at Georgia Southern University in order to receive a degree in Athletic Training:

<table>
<thead>
<tr>
<th>Credit Hours</th>
<th>Course Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>KINS 2321  Clinical Skills in Athletic Training I</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>KINS 2322  Clinical Skills in Athletic Training II</td>
<td>2</td>
</tr>
</tbody>
</table>

Clinical experiences obtained outside of Georgia Southern University Athletic Training Education Program will not be accepted.

An athletic trainer is a qualified allied health care professional educated and experienced in the management of health care problems associated with physical activity. In cooperation with physicians and other allied health care personnel, the athletic trainer functions as an integral member of the health care team in secondary schools, colleges and universities, professional sports programs, sports medicine clinics, and/or other health care settings. The athletic trainer functions in cooperation with medical personnel, athletic personnel, individuals involved in physical activity, parents, and guardians in the development and coordination of efficient and responsive athletic health care delivery systems. The athletic trainer’s professional preparation is directed toward the development of specified competencies in the following domains: risk management and injury prevention, pathology of injuries and illnesses, assessment and evaluation, acute care of injury and illness, pharmacology, therapeutic modalities, therapeutic exercise, general medical conditions and disabilities, nutritional aspects of injury and illness, psychosocial intervention and referral, health care administration, professional development and responsibilities. Through a combination of formal classroom instruction and clinical experience, the athletic trainer is prepared to apply a wide variety of specific health care skills and knowledge within each of the domains. For additional information, contact the Department of Health Sciences & Kinesiology, College of Health Professions, 2115 Hollis Building, (912) 478-0200.

Advisement

For questions regarding specific undergraduate program requirements, please contact the Waters College of Health Professions Student Success Center.