Excercise Science B.S.K.

Degree Requirements: 124 Credit Hours

See Core Curriculum for required courses in Area A1 through Area E.

<table>
<thead>
<tr>
<th>Credit Hours</th>
<th>General Requirements (Core A - E)</th>
</tr>
</thead>
<tbody>
<tr>
<td>42</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Area F - Courses Appropriate to Major</th>
<th>18</th>
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</thead>
<tbody>
<tr>
<td>KINS 2511 Human Anatomy and Physiology I Laboratory</td>
<td></td>
</tr>
<tr>
<td>KINS 2512 Human Anatomy and Physiology II Laboratory</td>
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<tr>
<td>KINS 2531 Human Anatomy and Physiology I</td>
<td></td>
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<tr>
<td>KINS 2532 Human Anatomy and Physiology II</td>
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<tr>
<td>NTFS 2530 Nutrition and Health</td>
<td></td>
</tr>
<tr>
<td>MATH 1112 College Trigonometry</td>
<td>1</td>
</tr>
<tr>
<td>PHYS 1111K Introductory Physics I</td>
<td></td>
</tr>
<tr>
<td>Guided Electives</td>
<td></td>
</tr>
<tr>
<td>KINS 4799 Internship in Exercise Science</td>
<td>3</td>
</tr>
</tbody>
</table>

Select 15 credit hours from the following Guided Electives:

<table>
<thead>
<tr>
<th>Elective</th>
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<tbody>
<tr>
<td>KINS 3426 Coaching Baseball and Softball</td>
<td></td>
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<tr>
<td>KINS 3427 Coaching Basketball</td>
<td></td>
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<tr>
<td>KINS 3428 Coaching Football</td>
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<tr>
<td>KINS 3429 Coaching Olympic Sports</td>
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<tr>
<td>KINS 3330 Prevention of Injury and Illness in Athletic Training</td>
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<tr>
<td>KINS 3331 Pathology and Care of Athletic Injury and Illness</td>
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<tr>
<td>KINS 3430 Principles of Coaching</td>
<td></td>
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<tr>
<td>KINS 3431 Psychology of Coaching</td>
<td></td>
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<tr>
<td>KINS 4330 Evaluation of Lower Extremity Injuries</td>
<td></td>
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<tr>
<td>KINS 4331 Evaluation of Upper Extremity Injuries</td>
<td></td>
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<tr>
<td>KINS 4332 Therapeutic Modalities in Athletic Training</td>
<td></td>
</tr>
<tr>
<td>KINS 4333 Therapeutic Exercise and Rehabilitation</td>
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<tr>
<td>KINS 4420 Sport Conditioning Laboratory</td>
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<tr>
<td>KINS 4421 Principles of Officiating</td>
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<tr>
<td>KINS 4730 Coaching Practicum</td>
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<tr>
<td>NTFS 2534 Introductory Food Science</td>
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<tr>
<td>NTFS 3534 Human Nutrition</td>
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<td>NTFS 3535 Life Cycle Nutrition</td>
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<td>NTFS 3630 Sports Nutrition</td>
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<tr>
<td>NTFS 4535 Community Nutrition</td>
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<tr>
<td>NTFS 4539 Issues and Trends in Food Science</td>
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<tr>
<td>NTFS 4899 Directed Individual Study</td>
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<tr>
<td>PSYC 3106 Social Psychology</td>
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<tr>
<td>PSYC 3335 Personality Psychology</td>
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<tr>
<td>PSYC 4430 Evolutionary Psychology</td>
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<tr>
<td>PSYC 4431 Motivation and Emotion</td>
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<tr>
<td>PSYC 4150 Health Psychology</td>
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<tr>
<td>PSYC 3105 Physiological Psychology</td>
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<tr>
<td>PUBL 3231 Epidemiology and Biostatistics</td>
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<tr>
<td>SMGT 2130 Introduction to Sport Management</td>
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<tr>
<td>SMGT 2230 Social Issues of Sport</td>
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<tr>
<td>SMGT 3230 Economics of Sport</td>
<td></td>
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<tr>
<td>SMGT 4330 Facility and Event Management</td>
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<tr>
<td>SMGT 4336 Sport Business Operations</td>
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<tr>
<td>SMGT 4337 Legal Aspects of Sport</td>
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<tr>
<td>HONS 4610 Honors Research Seminar</td>
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<tr>
<td>Elective</td>
<td></td>
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<tr>
<td>Select 3 credit hours of Electives</td>
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</tbody>
</table>

Total Credit Hours: 124

1. If taken in Area A2 or D, use Fundamentals or Guided Electives to complete Area F.
2. If Introductory Physics I (PHYS 1111K) taken in Area D, then Principles of Chemistry I (CHEM 1211K) or Principles of Chemistry II (CHEM 1212K) or Guided Electives required in Area F.
3. Students can substitute courses for the internship with adviser approval.
4. To graduate with a Honors in Exercise Science, a student must:
   - be admitted to the University Honors Program;
   - successfully complete at least three credit hours of Honors Research Seminar (HONS 4610) over three semesters;
   - successfully complete and present an Honors Program at the time of graduation;
   - be in good standing in the University Honors Program at the time of graduation.

### Program Admission Criteria
- Admission to Georgia Southern University.
- A total institution GPA of 2.0 or better on all course work attempted (transfer course work and work completed at Georgia Southern University are considered).
- Completed a minimum of 30 credit hours.
- A minimum grade of "C" in all Area D and F course work attempted.

### Program Progression Requirements
- Students must earn a minimum grade of "C" in all courses in Area F and within the major requirements, including guided major electives.
- Students must also earn a minimum grade of "C" in a prerequisite course prior to registering for an advanced course.

**Note:** Exercise Science Majors must complete Fundamentals to include:

<table>
<thead>
<tr>
<th>Credit Hours</th>
<th>MATH 1112 College Trigonometry</th>
<th>3</th>
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</thead>
<tbody>
<tr>
<td>CHEM 1211K Principles of Chemistry I</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>CHEM 1212K Principles of Chemistry II</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>PHYS 1111K Introductory Physics I</td>
<td>4</td>
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</tbody>
</table>

Students not able to complete Fundamentals in Areas A2, D, and F will take these courses as part of their Guided Major Electives. Students may elect to substitute Calculus I (MATH 1441) and Principles of Physics I.
(PHYS 2211K) for Fundamentals with advisor approval. Students should take Introduction to Psychology (PSYC 1101) as one of their courses to complete Area E requirements.

Advisement
For questions regarding specific undergraduate program requirements, please contact the Waters College of Health Professions Student Success Center.