Nutrition and Food Science B.S. (Emphasis in Community Nutrition)

Degree Requirements: 124 Credit Hours

See Core Curriculum for required courses in Area A1 through Area E.

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Nutrition and Food Science Core

- BIOL 2240 Microbiology
- BCHM 3200 Principles of Biochemistry
- CHEM 3401 Organic Chemistry I
- CHEM 3402 Organic Chemistry II
- HLTH 2510 Medical Terminology
- NTFS 2514 Professional Practice Strategies
- NTFS 2515 Professional Etiquette
- NTFS 3534 Human Nutrition
- NTFS 3535 Life Cycle Nutrition
- NTFS 3536 Meal Management
- NTFS 4536 Metabolic Nutrition

Community Nutrition Emphasis

- NTFS 4533 Applied Nutrition Therapy
- NTFS 4535 Community Nutrition
- NTFS 4610 Nutrition and Food Science Senior Seminar
- NTFS 4630 Cultural Foods
- PUBH 2131 Introduction to Community and Public Health
- PUBH 4134 Research Methods and Evaluation in Health Education and Promotion

Select 9 credit hours from the following Guided Electives:

- CHEM 1211K Principles of Chemistry I
- NTFS 3630 Sports Nutrition
- NTFS 3631 Sustainable Foods
- NTFS 4195 International Studies Abroad in Health and Kinesiology
- NTFS 4899 Directed Individual Study
- PUBH 3131 Chronic Diseases: A Modern Epidemic
- PUBH 3231 Epidemiology and Biostatistics
- PUBH 3330 Modifying Health Behaviors

Honors in Nutrition and Food Science

To graduate with Honors in Nutrition and Food Science a student must:

- Be admitted to the University Honors Program;
- Successfully complete at least three credit hours of Honors Research Seminar (HONS 4610) over three semesters;
- Successfully complete and present an Honors Thesis or Capstone Project;
- Be in good standing in the University Honors Program at the time of graduation.

Program Admission Criteria

- 2.0 GPA for Community Nutrition and Food Science/Food Service Administration Emphases.

Program Progression Requirements

- Students must earn a minimum grade of “C” in all courses in Area F and within the major including non-major requirements.
- Students must also earn a minimum grade of “C” in a prerequisite course prior to registering for an advanced course.

Advisement

For questions regarding specific undergraduate program requirements, please contact the Waters College of Health Professions Student Success Center.